

# Advocacy & Awareness: Project Las Delicias, El Salvador

## Parenthood Planning

**Background:** Teenage pregnancies are on the rise in El Salvador, now representing 21% of all pregnancies. With increased health risks in teen pregnancies, as well as the Zika virus, FIMRC responded by developing a Parenthood Planning Program. This program provides charlas, or health education sessions, to patients both at the clinic and in their homes on sexual and reproductive health. The program also helps families take necessary precautions, and create a plan if they are at risk of being affected. The number of women in the community participating in the charlas is increasing, demonstrating a conscious effort to learn more about their bodies.



### Discussion Questions:

1. What are the most effective methods of minimizing the effect of virus outbreaks like Zika?
2. In what ways does your community teach children and young adults about reproductive health, and is it effective?
3. Would additional educational opportunities decrease the percentage of teenage pregnancies in your community, or would other activities be more useful?

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