

Advocacy & Awareness: Project Kodaikanal, India

Children's Crèche Program

Background: Kodaikanal is located in a part of India that has recently grown in popularity in the tourism industry. Not all, however, benefit from the income generated and the increased presence of tourists. Many families in Kodaikanal are unable to provide a balanced diet and the lack of knowledge of proper nutrition for children, affecting their mental and physical development. FIMRC partners with the daycare systems, or crèches, for these children, incorporating wellness check ups and nutrition supplements to the children that attend. During the visits, parents and teachers also receive education sessions about proper nutrition for children, so they avoid falling behind in their growth and development while they are on breaks.



Discussion Questions:

1. What are differences in nutrition challenges faced by developed and developing countries?
2. What factors affect those differences, and how?
3. How can you have a positive impact on maintaining a healthy diet in your community?

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