



Global Health Volunteer Program Current Opportunities

Through our Global Health Volunteer Program, FIMRC welcomes volunteers year-round for short-term volunteer trips of one week or more. Global Health Volunteers have the opportunity to assist and shadow medical professionals while gaining firsthand experience in improving the health of developing communities. Enrollment is open to individuals from all walks of life, including undergraduate and medical students. Programs run year-round at each site. If you would like to inquire about volunteering opportunities at any of the below sites, please contact our Office of Volunteer Programs at missions@fimrc.org or 1-888-211-8575.



Project Las Delicias – El Salvador

Las Delicias is an underserved community of approximately 5,000 people located a short drive from San Salvador, the capital city of El Salvador. Volunteers will spend part of their time at the clinic site, working with the clinic staff to see patients, and will travel with our field team to perform house calls throughout the community. Volunteers also have the unique opportunity to get involved in FIMRC's groundbreaking Micro Health Insurance Program by conducting community outreach campaigns, collecting basic health statistics, and surveying families in the community to develop assessments of healthcare needs. Volunteers have the opportunity in their free time to enjoy nightlife, sight-seeing, tours, and hikes. Project Las Delicias is open

to individuals and groups of up to 12 for mission trips of one week or more.



Project Bumwalukani – Uganda

Project Bumwalukani provides direct healthcare to a community of approximately 25,000 individuals in rural Uganda, all of whom live on \$200 a year or less. The clinic and adjoining primary school are situated on a mountainside about 30 miles from the city of Mbale. This clinic receives the highest patient volume of any of our sites, often seeing up to 120 patients per day. Volunteers play a crucial role in streamlining the clinic's operations by managing patient intake and providing basic assistance to the clinic's medical staff. Preventative health education initiatives are a major part of every volunteer mission, as most illnesses in this region can be easily prevented. Preventative health outreach is a significant part of the program;

volunteers will become engaged in the effort to teach basic health maintenance to children and adults in the community. Though volunteers at this site generally travel individually or in pairs, we are able to host groups of up to ten for mission trips of two weeks or more.



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Project Peru

Participants in Project Peru are immersed in the Peruvian medical system by shadowing doctors in government-run hospitals alongside Peruvian medical students. The central goal of FIMRC's Project Peru is to provide support to Peru's Ministry of Health both in hospitals and within the community. As with our other programs, community health education is a major component of our work. Outreach is performed at schools, orphanages, soup kitchens, and other locations across the regions we serve. Volunteers will work with our staff to develop lessons. Our Peru project is open to groups as small as four or as large as 40. Your destination – the inland city of Huancayo, the coastal city of

Trujillo, or the rural community of Agallpampa – will depend entirely on group size and trip dates.



Project Alajuelita – Costa Rica

What began as FIMRC's first clinic project is still running strong and welcoming volunteers throughout the year. Since FIMRC's inception, the Alajuelita clinic has provided health services and education workshops to children from impoverished, uninsured refugee and migrant families. Partnerships also exist with local soup kitchens to provide preventative health services to Alajuelita's population. Volunteers provide direct assistance in the clinic and are stationed in the examination room, pharmacy area, and waiting room. Volunteers also venture out in the community as part of FIMRC's health education initiative, connecting with and providing care to local children. Volunteers are placed in homestays with local families during their

stay. Numerous opportunities exist for nightlife, sightseeing, hikes, and tours during free time.



Project Kodaikanal - India

In partnership with the Betsy Elizabeth Trust and the Van Allen Hospital, FIMRC provides primary medical care several hundred children living in the southern Indian town of Kodaikanal. FIMRC also provides assistance to area childcare centers by subsidizing nutritious meals to combat malnourishment, and also by donating hygiene and personal care supplies to encourage positive lifetime health practices. Volunteers will gain valuable medical exposure at the hospital by shadowing medical professionals, administering medications, taking vital statistics, assisting with patient intake, and accompanying FIMRC staff to children's centers to present interactive health lessons.

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Summer International Health Fellowship - Huancayo, Peru

SIHF is a four-week immersion and service program designed for undergraduate students and recent graduates interested in medical professions. Fellows will be based at FIMRC's partnering hospital in Huancayo, a city located in the central highlands of Peru. Fellows will spend their days shadowing medical staff alongside Peruvian medical students and engaging the community through preventative health campaigns. The program provides not only a valuable experience for resumes or medical school applications, but will expand participants' knowledge and perspectives of

healthcare. The program runs in two separate sessions from June 6-July 4 and July 4-August 1, 2010.



Project Limon - Nicaragua

Through a partnership with the Roberto Clemente clinic, FIMRC's newest project serves the isolated village of Limon. The nearby area of Rancho Santana is a popular coastal tourism and surfing destination known for its colonial heritage, beach communities, mountains and volcanoes. Directly outside the tourist resorts, however, are numerous impoverished communities which, before the building of the clinic, had no access to medical care. At present, the clinic provides free and low-cost medical care to the residents of Rancho Santana and Limon, as well as 41 surrounding communities in southwest Nicaragua. Nearly half of Nicaragua's population live below the poverty line and nearly half lack sustained access to proper sanitation.

Only 6.3% of Nicaragua's population carries health insurance. As a result, child illness and mortality rates are high for the region, and preventable or treatable conditions such as respiratory diseases, diarrhea, and malnutrition make up the main causes of death for children under 5.



Comparative Health Immersion Rotation Program

FIMRC's Comparative Health Immersion Rotation Program (CHIRP) is an elective clerkship for medical students in their third or fourth years who wish to gain exposure to healthcare across multiple Central American clinics. Each location serves a distinct patient population: urban (El Salvador), rural (Nicaragua), and immigrant (Costa Rica). Students may spend one to two weeks working at each site with the goal of understanding the difference in the patient care, health systems, and resources available at each. A structured curriculum will focus on medical issues specific to each site. They syllabus may be tailored to accommodate school requirements or student interests.